### Abraham Fixes Bikes Supply Suggestions for Bike Camping List

### Or

## AFBSSFBCL for short - just kidding!

# Sleeping

- -tent -sleeping bag.
- -sleeping pad
- -pillow
- -sit pad for around the campsite

### Cooking

- -any dishes, cups, or bowls you want to eat out of. don't count on there being extra pots or pans for serving food.
- -utensils
- -any pots or pans & a wooden spoon
- -cutting surface
- -stove if you have it
- -fuel (if you have an extra liquid fuel bottle, please bring. if you don't, it might be a good idea to pick up an extra fuel canister)
- -water purification
- -piece of a rag for cleaning
- -preferred method for making coffee

### **Toiletries**

- -don't forget your toothbrush, kids
- -contacts/solution/glasses
- -soap for dishes and your smelly self
- -toilet paper
- -whatever helps you sleep, like ear plugs, valerian, & Valuum.

# Clothing

- -cycling outfit: whatever you prefer to bike in; save space by being gross and wearing it all week
- -rain gear
- -cold weather camp clothes: down jacket, long underwear, hat, gloves. it may be cold at night in the mountains!
- -change of underwear & warm socks

## -camp shoes

### Food

- \*\*\*Bring extra line, carabiners, & a container for your food to hang bear bags\*\*\*
- -this one's important: tea or enough coffee for yourself for the week, cream & sugar if you take it.
- -spices, cooking oil, butter
- -breakfast items mostly for yourself, with things to share
- -snacks & lunch on your own

### recreation

- -camera
- -games & cards
- -bb guns
- -book
- -'noculars

### other essentials

- -headlamp
- -sunglasses
- -phone charger
- -good knife
- -lighter or matches
- -small plastic bags for trash, shoe covers, wet clothes, &c.
- -fenders are a good idea in the winter
- -helmet

#### tools

- -mini pump
- -extra tube
- -folding tire!
- -patch kit
- -tire levers
- -(extra) bungee cords
- -if you're really going to be a boy scout, a few links of chain & and extra cable(s)

And for some inspiration: <u>oregonbiketouring.com</u>